



Danvers Community YMCA

34 Pickering Street * Danvers, MA 01923

Ph: 978-774-2055 * FAX: 978-750-4457

www.Danversymca.org



SPECIAL DEAL – Sign Up For 1 Class Get 25% OFF the SECOND Session 3 - Starts Week of January 25th, 2010 - 8 classes for a great price.

Basketball	Class Fee	Members \$50.00	Non-Member \$95.00	
Saturday	9:00-9:45	Grades K-2	Session 1-4	Level 1 Beginner
Saturday	9:45-10:30	Grades K-2	Session 1-4	Level 2 Advanced
Saturday	10:30-11:15	Grades 3-5	Session 1-4	All Levels
Tuesday	3:15-4:00	Grades K-1	Session 2,3	All Levels
Tuesday	4:00-4:45	Grades 2-4	Session 2,3	All Levels

Confidence building w/ structure on team play for all levels . Each week the players will learn a new skill and review previous taught skills. Instructional games are played each week.

Sports Sampler	Class Fee	Members \$50.00	Non-Member \$95.00
Wednesday	12:15-1:00	Ages 4	Session 1-4
Wednesday	4:00-4:45	Grades K-2	Session 1-4

Sample a new sport each week Learn the rules and strategies of T-ball, Soccer, Floor Hockey, and more..

Dodgeball	Class Fee	Members \$50.00	Non-Member \$95.00
Monday	4:00-4:45	Grades K-2	Session 1-4
Monday	4:45-5:30	Grades 3-5	Session 1-4

Fun and exciting sport that involves coordination, teamwork and exercise. We use Safe softi dodgeballs. Each week learn a new version of Dodgeball. Examples include – German Dodgeball, Monkeyball, Traditional Dodgeball, CrackerBarrel, and more.



Soccer	Class Fee	Members \$50.00	Non-Member \$95.00
Friday	12:00-12:45	Ages 3-4	Session 1-4
Friday	12:45-1:30	Ages 4-5	Session 1-4
Monday	3:15-4:00	Grades K-2	Session 2-4 NEW

Skills will include; game play, passing, positioning, shooting and having fun.

Floor Hockey	Class Fee	Member \$50.00	Non-Member \$95.00
Thursday	3:15-4:00	Grades K-1	Session 1-4
Thursday	4:00-4:45	Grades 2-4	Session 1-4
Thursday	12:00-12:45	Ages 4-5	Session 1-4

Each class has 15 minutes of instruction and 30 minutes of game play. Safety and proper team play is reiterated before each and every class. Great workout – kids are always active.

T-Ball	Class Fee	Members \$50.00	Non-Members \$95.00
Tuesday	12:15-1:00	Ages 4-5	Session 1-4

Basic skills include hitting, fielding, throwing and catching. Must provide own glove.

Gym Games	Class Fee:	Members \$50.00	Non-Member \$95.00
Thursday	12:45-1:15	Ages 4-5	Session 1-4

Tag, parachute, scooters and cooperation games. Fun filled class that helps children understand the concept of play and teamwork. All games are age appropriate that assist w/ movement and coordination.

Flag Football	Class Fee	Members \$50.00	Non-Members \$95.00	NEW TIME
Wednesday	3:15-4:00	Grades 3-5	Session 1-4	

Great sport for anyone that has a Love or an interest for the sport of football. We make this a fun filled program w/ warm ups, light drills, defensive and offensive strategies.

Fitness for Kids	Class Fee:	Members \$50.00	Non-Members \$95.00
Tuesday	4:45-5:30	Grades 2-4	Session 2,3

Introductory class to fitness. The class focuses on stretching, fitness games, plyometric exercises and keeping in shape.

Whiffleball	Class Fee	Members \$50.00	Non-Members \$95.00
Friday	4:15-5:00	Grades 3-5	

One of America’s favorite sports. We cover basing, hitting, fielding and more. Great off season sport to keep your kids still focused on baseball.

Movement Classes	Class Fee	Members \$45.00	Non-Members \$85.00
Thursday	10:15-11:00	10-23 months	Wiggly Wonderful You Session 1-4
Thursday	11:00-11:45	24-36 months	Totally Terrific Two’s Session 1-4

Fun movement with music and activities to get your children moving. Program focus on gymnastics/tumbling, self esteem building, coordination and fun. Class limit is 12.

Hanging at the Y	Class Fee	Members \$25.00	Non-Members \$55.00
Friday	12:00-1:00	Ages 6 months – 1.5 yrs	Session 2-4 NEW
Friday	1:00-2:00	Ages 1.5 – 4 yrs	Session 2-4 NEW

Space Limited so sign up for this open play time. Parents and children will be able to socialize and play with their child(ren) on the play structures, mini moon bounce, large moon bounce, mats and more. This activity is supervised by a Y staff person. There are no structured activities. This is a great opportunity for parents to meet other parents and to have personal interaction time with their child and other children.

Specialty Classes

Mommy and Me Art Class	Class Fee	Members: \$55.00	Non-Members \$90.00
Monday	12:45-1:15	ages 2-3 yrs	Session 2-4 NEW
Monday	1:20-1:50	ages 3-5 yrs	Session 2-4 NEW

Fun class for both kids and parents. Each week take on a new art project – finger painting, paper maciche, water colors, crayons, glitter, holiday themed

Art, Story and Gym	Class Fee	Members \$55.00	Non-Members \$90.00
Wednesday	12:30-1:15	ages 2-3	Session 2-4 NEW
Wednesday	1:15-2:00	ages 3-5	Session 2-4 NEW

Each day there will be a small art project, a short story and a fun gym activity

TRANSPORTATION - We pick up every day at the Danvers public schools for our childcare programs. Members and Non-Members that are interested in taking a YMCA programs or classes can sign up for transportation from their Danvers Public School to the YMCA. Your child must be registered for a class that starts by 3:30pm. Parents are responsible for picking their child up once the class has ended. Space is limited to bus capacity. Transportation FEE: \$24 for an 8 week session.



United Martial Arts Center **Members \$65** **Non-Members \$85**

Wednesday 3:30-4:00 Ages 4-7 Session 1-4

Taught at the United Martial Arts Center located at 20 Locust Street in Danvers. Introductory class that encourages self-control and respect, sense of independence, self esteem and increases awareness and promotes physical strength and coordination.

Beginner Guitar Lessons **Class Fee** **Members \$65.00** **Non-Member \$100.00**

Wednesday 5:00-5:30 Grades 3-5 Session 1-4 **NEW RATE and TIME**

Learn the basics. Holding, chords, tablature, tuning, finger picking, strumming and simple songs. Must have own working guitar. Each week your child will have a better appreciation for music and learning how much fun it is to play the guitar. Can rent a guitar for \$10 over the 8 weeks. Limited to 6. Sheet music will be provided.

Kid's Night Out

Friday – Date To Be Announced. Games, pizza, movie, recreation swim, games room activities, and more based around a fun themed event. Members: \$12 Non-Members \$20

7th Annual SNOWBALL

This fun evening will have live and silent auctions, raffles, the live band ROUNDABOUT and dancing. \$50/ person (includes admission, drinks and hors d'oeuvres). DATE: Saturday, February 6th. TIME: 7pm-Midnight. MUST BE 21.

CHILDCARE

HOURS: 7:30 AM to 6:00 PM –Please call the Y for permission slip

Fee: Y Member \$55/day Non Y Member \$80/day

Each day is packed full of fun – swimming, computers, games room, arts and crafts, gym games, and theme days

Monday Feb. 15th Chunky's and Dress like a Movie Character Day!! Today we'll be going to Chunky's Cinema in Haverhill. During the movie the children will be treated to pizza, pink lemonade and ice cream! Also the kids are encouraged to dress like a movie character today in the spirit of our Movie Day!!

Tuesday Feb. 16th Back to the 70's Bowling Day. Dress in your best 70's gear today and be ready to have a blast cosmic bowling at the Metro Bowl

Wednesday Feb. 17th Pajama Ice Cream Party Wear your most comfortable PJ's today and be ready to have lots of ice cream at our Pajama Ice Cream Party!!

Thursday Feb. 18th Magical Harry Potter Day. Today we're celebrating the smash hit book/movie series Harry Potter! Today we'll be doing Harry Potter Crafts, Games and watching some of the movies! We'll even have a live Magician put on a show for us.....is he as good as Dumbledore??? Come Find Out!!!

Friday Feb 19th Crazy Dress Up Carnival Day. The always popular Danvers YMCA Carnival Day is back!! Today we'll have Moon Bounces, Face Painting, Games, Contests and Prizes! We will also have hotdogs, popcorn and drinks available for lunch! So come in ready to have fun and don't forget to get in the spirit by joining in our Crazy Dress Up Contest!!

FEBRUARY VACATION

(ALL ACTIVITIES – Children under the age of 6 must be accompanied by an adult)

Gym Games **Members: \$2.00** **Non-Members: \$8.00**

Friday, Feb. 19th, 1:00-2:00 There will be fun filled gym games planned. After join us in the pool from 2:00-4:00.

Movie and Splash: **Members: \$2.00** **Non-Members: \$6.00**

Wednesday Feb. 17th. 12:30-2:00 We will be watching a movie (Harry Potter) and from 2:00-4:00 we will be swimming in the pool. This is a great way to spend your day – sure beats being stuck inside all day. Please bring a lunch, drink and snack. Come on down to the Y for a great time.

Magician and Swim **Members: \$5.00** **Non-Members: \$8.00**

Thursday, February 18 1:00-2:00 Recreational Swim 2:00-4:00

WINTER SWIMMING LESSONS REGISTRATIONS

We are currently accepting registrations for Winter swimming lessons contact the YMCA

PLEASE CHECK BACK WITH US FOR NEW AND ADDITIONAL ACTIVITIES FOR FEBRUARY VACATION OR VISIT OUR WEBSITE

DanversYMCA.org

Physical Activity Club **Program Fee** **Members \$FREE** **Non-Members \$FREE**

This is a great program for kids that are looking to get active and learn more about health and wellness.

Parents and those that participate will receive a free 8 week membership, be able to use the fitness center and new youth fitness equipment. For boys and girls in grades 5-8 will receive a free pedometer, fitness journal, personal coach and gym bag. Space is limited to 15 Parents can also work out with their child for free on certain days at scheduled times (child must be present)

Parent/Child Fitness Center Times (Must be registered for PAC and attend Friday classes)

Tuesday, Wednesday and Thursday 3:30-4:30 Parent/Child Fitness Times

Friday 3:15-4:15 Instructional Class

